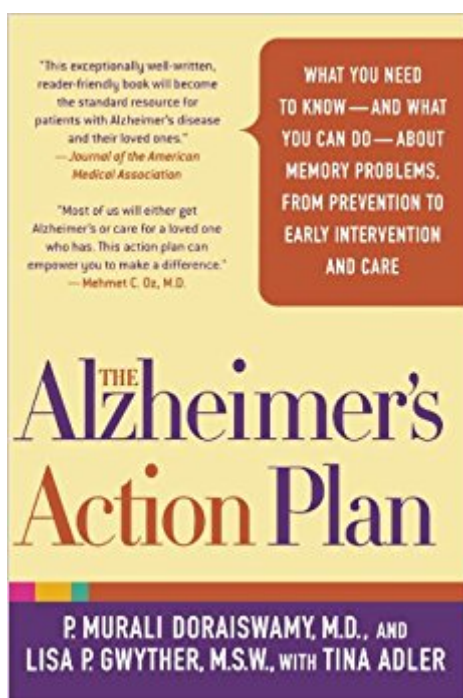


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# The Alzheimer's Action Plan: What You Need To Know--and What You Can Do--about Memory Problems, From Prevention To Early Intervention And Care



## Synopsis

What would you do if your mother was having memory problems? Five million Americans have Alzheimer's disease, with a new diagnosis being made every seventy-two seconds, with millions more at risk. Although experts agree that early diagnosis and treatment are essential, families don't know where to turn for authoritative, state-of-the-art advice and answers to all of their questions. Now, combining the insights of a world-class physician and an award-winning social worker, this ground-breaking book tells you everything you need to know, including: The best tests to determine if this is or is not Alzheimer's disease The most (and least) effective medical treatments Coping with the effects Gaining access to the latest clinical trials Understanding the future of Alzheimer's Clear, compassionate, and empowering, *The Alzheimer's Action Plan* is a must-read.

## Book Information

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## Customer Reviews

Check out "The Alzheimer's Action Plan," one of the best books about this illness to cross our desks. The authors, P. Murali Doraiswamy and Lisa Gwyther, explain -- in painstaking but lucid detail -- how to diagnose, treat and live with memory problems. The Wall Street Journal fully expect that this exceptionally well-written, reader-friendly book will become the standard resource for patients with Alzheimer disease and their loved ones. JAMA (Journal of the American Medical Association) Verdict: Evidence-based content, conversational writing, and a good dose of humor make this an outstanding addition to collections on aging and caregiving and

an excellent companion to Nancy L. Mace and Peter V. Rabins's *The 36-Hour Day*. Highly recommended. Background: This book is based on the belief that people with Alzheimer's "have the right to access the best, most personalized care possible." Physician Doraiswamy (chief of biological psychiatry, Duke Univ. Medical Ctr.) and social worker Gwyther (founder, Duke Univ. Alzheimer's Family Support Program; *Steps to Success*) compile a wealth of essential information on all aspects of memory disorders for both new and experienced caregivers and individuals with failing memories. Detailed discussions cover causes and diagnoses, disease-related behavioral and emotional changes, available and future drug treatments, the benefits of participating in clinical trials, and more, along with a host of practical tips intended to enable caregivers and patients to live the best life possible. Resources include "Our Top 40 Questions and Answers

What would you do if your mother was having memory problems? Five million Americans have Alzheimer's disease, with a new diagnosis being made every 72 seconds. Yet a survey of over 400 Alzheimer's specialists revealed that they would order more sophisticated tests and treatments for their loved ones than for the average patient. Indeed, according to *Psychiatry News*, "Few Alzheimer patients get state of the art care." Now this book from two leading experts gives the rest of us the inside track on:

- \*The best tests to determine if this is--or is not--Alzheimer's disease
- \*The most (and least) effective medical treatments
- \*Coping with behavioral and emotional changes
- \*Gaining access to the latest clinical trials
- \*Understanding the future of Alzheimer's

Clear, compassionate, and packed with information, *The Alzheimer's Book* sets a new standard for expert care. --This text refers to an out of print or unavailable edition of this title.

This book is very good and informative. It is very wordy, but that is good because it helps you to understand what the doctors are saying. It also has helped me to prepare with dealing with my loved one's Alzheimers.

Bought the book for my wife who wanted to understand what she was facing as she is in the early stages. Very informative. As her husband it was also helpful in many ways for learning how to prepare myself as her care taker. Since this is a young disease most of the information out there is similar but this appeared to be more complete.

This is an excellent book for anyone who wants to understand Alzheimer's disease. Every caregiver should try to read it. Although the subject is difficult, the book was written to be easily read. I have a

family member with dementia, from Post Pump Syndrome, after having open heart surgery, and this explained a lot of questions I had. Alzheimer's, dementia, is going to be a big problem in the future as we live longer. I highly recommend this book.

good reference and learning book, helped to get the family on the same page regarding parental care.

This is a great book with lots of good information. Has given me a heads up living with a family member that recently was diagnosed with dementia.

My dear husband lasted for 5 yrs. with Alzheimer's. This guidebook was essential to cope with the up's and down's of the course of the disease. Also it is recommended by the special course given by the Alzheimer's Assn.

Very good overall. I did not need so much info on diagnosis as it is so obvious that my mom has this terrible disease. She also had two sisters who died with the disease so it was easy to see what was happening with her.

The Alzheimer's Action Plan book is one of the best I have found. I first purchased it on my Kindle, then was frustrated because I couldn't quickly find the page I was looking for and I couldn't loan it to other caregiving friends. So I bought the hard copy. The book gives the best descriptions of medications which are used to treat the disease and the behaviors associated with the disease. It also is helpful in giving the basis for the classifications of the disease from mild to Moderate. I plan recommend the book to my Alzheimer's support group.

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Memory Training: Train your brain to improve your memory (Unlimited Memory, Mental Health, Memory Techniques, Education & Reference, Study Skills, Memory Improvement Book 1)  
CAT CARE: BEGINNERS GUIDE TO

KITTEN CARE AND TRAINING TIPS (Cat care, cat care books, cat care manual, cat care products, cat care kit, cat care supplies) The Alzheimer's Prevention Food Guide: A Quick Nutritional Reference to Foods That Nourish and Protect the Brain From Alzheimer's Disease Nursing Care Plans: Nursing Diagnosis and Intervention, 6e (Nursing Care Plans: Nursing Diagnosis & Intervention) Better Memory Now: Memory Training Tips to Creatively Learn Anything Quickly, Improve Memory, & Ability to Focus for Students, Professionals, and Everyone Else who wants Memory Improvement Memory Repair Protocol - Improve Your Memory: Powerful Strategies To Enhance Your Memory - The Ultimate Guide to Unleash Your Brain's Potential (memory loss Book 1) Memory: Boost Your Memory with Easy Exercises - Improve Your Mental Focus in Everyday Life (FREE BONUS INCLUDED) (Improve memory, improving memory, remembering more, productivity improvement) Everything You Need to Know When Someone You Know Has Been Killed (Need to Know Library) Suicide in Schools: A Practitioner's Guide to Multi-level Prevention, Assessment, Intervention, and Postvention (School-Based Practice in Action) Prostate Problems Home Remedies, How To Fight Prostate Problems At Home, Get Rid Of Prostate Problems Fast!: Back On Track - Fighting Prostate Problems At Home Saving Your Brain: The Revolutionary Plan to Boost Brain Power, Improve Memory, and Protect Yourself Against Aging and Alzheimer's 100 Simple Things You Can Do to Prevent Alzheimer's and Age-Related Memory Loss Pilgrim Tips & Packing List Camino de Santiago: What you need to know beforehand, what you need to take, and what you can leave at home. How trace element selenium affects men's health: Discover how selenium can affect: prostate problems, eczema problems, asthma breathing, and 9 other health problems You Don't Know What You Don't Know: Everything You Need to Know to Buy or Sell a Business A Loving Approach to Dementia Care: Making Meaningful Connections with the Person Who Has Alzheimer's Disease or Other Dementia or Memory Loss (A 36-Hour Day Book) Plan & Go | Kungsleden: All you need to know to complete Sweden's Royal Trail (Plan & Go Hiking)

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